

Saint Anna

Greek Orthodox Church

A METROPOLIS SHRINE

*dedicated to the sanctity of marriage
& family through the intercessions of*

Ss. Joachim & Anna



October 11, 2009

Sunday of the 7th Ecumenical Council

Titus 3:8-15 / Luke 8:5-15

Clergy

Rev. Dr. Christopher Flesoras,
fchris@saintanna.org

Rev. Dn. Joseph Roucco Brown,
dnjoseph@saintanna.org

Ministries & Administration

www.saintanna.org (916)772-9372

Church Administrator, Morfoula Lenakakis,
secretary@saintanna.org

Parish Council, Tom Kelly @
parishcouncil@saintanna.org

Youth Director, Michelle Hawe @
michelle.hawe@saintanna.org

Religious Education, Margaret Mueller,
religiouseducation@saintanna.org

Pre-School & Day Care, Liy Gallagher,
preschool@saintanna.org

Archangel Gabriel Bookstore,
bookstore@saintanna.org

We welcome you to the celebration of Divine Services. You are encouraged to follow along in our hymnal and to prayerfully sing the services.

Only those who have been baptized and confirmed, who have recently been to confession, and are in good standing in the Eastern Orthodox Faith may participate in the Holy Mysteries, including the Eucharist. The Orthodox Christian Church does not practice intercommunion with other Christian denominations. We believe that Holy Communion is not the means to Christian unity, but instead the fullest expression of our union in Christ. We therefore pray in every service for the unity of our churches, so that we may profess a common belief in the Holy Trinity and also a common worship, Faith and practice.

At the close of the Liturgy, everyone is invited to receive blessed bread, antidoron, "instead of the gift," from the priest as a token of Christian fellowship and also to venerate the Holy Relics of Saints Joachim and Anna when they are brought forth. Please contact either Fr. Christopher or Dn. Joseph if you desire to learn more about the Orthodox Christian Faith. May our Lord, through the intercessions of our matron, Anna, the Mother of the Theotokos and ever-virgin Mary, bless you!

CHURCH ETIQUETTE

It is imperative that each of us makes every effort to possess a respectful, humbled, prayerful, and Christian spirit. The Narthex is a place of transition, where we "lay aside all worldly cares that we may receive the King of all..." Therefore, whether we remain in the Narthex with young children or transition to the nave, cell phones should be turned off, conversation should be limited, and our attention should be focused on receiving the Incarnate Word. We thank all those who assist us in maintaining this prayerful and spirit-filled environment.

Worship in the Orthodox Church is for the entire Christian family. Parents are asked to remain in our chapel with their child(ren) throughout services. If a young child becomes restless, parents may wish to proceed to the Narthex. Classrooms are to be used only by our youth and their instructors for Religious Education classes and not as gathering places either during or after services.

While the Eucharist is being offered to the faithful, please allow the ushers to assist with dismissing rows. Our Religious Educators and our youth should receive the Eucharist and then members of the community. While the Eucharist is being administered to those Orthodox who are prepared, the faithful are asked to remain standing and prayerful.

The Service of Supplication

To Ss. Joachim & Anna is prayed on the first of every month. The Holy Relics of Joachim and Anna will also be brought forth for veneration during services.

SCHEDULE OF SERVICES

10/17 Great Vespers, 5PM
10/18 Orthros/Liturgy, 8:45AM
10/23 Orthros/Liturgy, 9AM
Feast of Iakovos @
Annunciation
10/25 Orthros/Liturgy, 8:45AM

HOSPITAL/HOME VISITATIONS

When a parish member is ill, the family is asked to contact the clergy. Do not rely on others to inform them. For as Scriptures says, "Is anyone among you sick? Let him call for the presbyters of the Church, and let them pray over him, anointing him with oil in the name of the Lord. (General Epistle of James 5:14).

PASTORAL EMERGENCIES

Contact Fr. Christopher, 916.276.3308 or Dn. Joseph, 530.268.4657 in case of emergency. Other calls for our clergy should be directed to the Church Office. Thank you!

KAIROS"

An ancient Greek word meaning "a decisive point in time" is found throughout the Old and New Testaments. Each and every moment has been given to us by God and is therefore a point in time that should be spent wisely - unto salvation. Each Sunday morning, at the close of Orthros (approximately 9:45) a brief lesson titled "Kairos" will be offered, in which an aspect of our Orthodox Spirituality is explored. You are encouraged to send topics or questions to frchris@saintanna.org

OFFICE HOURS

The Church Office is open from 10AM-3PM, Tuesday through Friday.

SCRIPTURE READINGS

10/12	Phil 4:1-7 Luke 7:36-50
10/13	Phil 1:8-14 Luke 8:1-3
10/14	Phil 1:12-20 Luke 8:22-25
10/15	Phil 1:20-27 Luke 9:7-11
10/16	Phil 1:27-30 Matthew 27:33-54
10/17	Romans 9:18-33 Luke 6:1-10

ON THIS 11th DAY OF THE MONTH, WE COMMEMORATE

The holy Apostle Philip, our venerable father, Theophanes the Confessor, the holy martyrs and sisters, Zenias and Philomilla, the holy Patriarchs of Constantinople Nectarios, Arsakios and Sisimos and on this day, we commemorate the holy and blessed Fathers of the 7th Ecumenical Council.

1st Tone/ Morning Gospel – 7th

FESTAL HYMNS

Resurrectional Apolytikion – (First Tone) – Although Your tomb was sealed with a stone, O Savior, and Your most pure body was guarded by the soldiers, You rose on the third day giving life to all the world. Therefore, O giver of life, the powers of heaven praise You: Glory to Your resurrection, O Christ. Glory to Your Kingdom. Glory to Your saving wisdom, O only lover of mankind. (pgs. 99 - 101)

Apolytikion of The Sunday of the Holy Fathers - Unending glory be Yours, O Christ our God, for making our holy fathers radiant lights to all the world. Through them You led us to the true faith. Compassionate Savior, glory to You. (pg. 171)

Apolytikion of St. Anna - (Fourth Tone) – O godly-minded Anna, you did give birth unto God's Mother who conceived Him Who is our Life. Wherefore, you have now passed with joy to the heavenly rest, wherein is the abode of them that rejoice in glory; and you ask forgiveness of sins for them that honor you with love, O ever-blessed one. (front inside over of hymnal)

Kontakion – O unflinching protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you. (pgs. 225 & 227)

Memorial Prayers – are offered today for the servant and handmaiden of God, Danny Moustiris and Shirley Stamas marking the 30 years of their passing. We pray that the Lord grants their souls eternal repose among the righteous and that the Holy Spirit, the Comforter, the Spirit of Truth, continues to strengthen and console all those who grieve. Eternal be their memory!

ORTHODOX CHRISTIAN RELIGIOUS EDUCATION

New Testament Bible Studies

Tuesdays, 10:30AM-12PM (the Gospel of Matthew)

Wednesdays, 7-8:15PM (the Book of Acts)

Thursdays (1st & 3rd Thursdays of the month), 6:30-8:30PM in Lake of the Pines at the home of Dn. Joseph and Anna, 530.268.4657.

Survey of the Eastern Orthodox Christian Church - meets on Monday at 6:30PM in the Church. This class is for those interested in the history of the early Church and is open to all stewards and friends of our Parish. The classes generally convene for an hour. A syllabus is available in the Narthex at the candle stand. Contact Margaret Mueller at 916.789.7804 or 916.532.2484 with questions.

Archangel Gabriel Bookstore - "Spread the good news" Visit the Bookstore after Liturgy today. We have a wonderful assortment of books, gift, and icons. The current Bookclub recommended readings are "One Flew Over the Onion Dome, a humorous read for American Orthodox Converts, Retreats, and Reverts" and "Seasons of Grace: Reflections on the Orthodox Church Year, weaving together the great feasts into the fabric of our lives".

Youth Ministries

- * **K-2 Grade Youth Group(HOPE)** meet on the first & third Wednesdays of the month @6:30PM.
- * **3-5 Grade Youth Group(JOY)** meet on the second & fourth Wednesdays of the month @ 6:30PM.
- * **Jr. High School & High School Youth Groups(GOYA)**, meet on Tuesdays, 6:30-8PM.
- ***Young Adults** meet on Saturdays following Great Vespers.
- ***Shop for a cause'** Purchase from the youth after church your \$5 Macy's coupons to benefit Youth Ministries. Coupons may be used Sat. Oct. 17. for information contact Michelle Hawe.

Family fun at Bishop's Pumpkin Patch on Saturday, October 17. We will meet at the Church at 12:30 to carpool/caravan to the pumpkin patch. Please RSVP to Michelle in the Church office or by email: michelle.hawe@saintanna.org.

Prayer Shawl Ministry meets on the first Thursday, of the month at 6:30 PM, E-mail Vassie Kyritsis at prayershawls@saintanna.org or call 916.415.7007 for information.

Food Preparation & Service @ St. Vincent de Paul is scheduled for the fourth Wednesday of the month. For information, contact Markella, 916.723.9908.

Campus Clean-up following Liturgy TODAY, all stewards are encouraged to stay & offer your time and talent. Bring work clothes and tools.

Philoptochos meets on the first Tuesday of each month at 6:30PM. Please support today's Frappe fundraiser to support St. Anna Philoptochos Charities. \$2 suggested donation.

Please join us for Christian Fellowship following the celebration of the Divine Liturgy. This Sunday's Fellowship will be hosted by the Parish Melanie Belanger, Cheryl Burkhard, Markella Magliola, and Sherry Pegodiotos. Next Sundays fellowship will be by, Tammie Wendt, Stephanie Dison, Jamie Cambra, Sandra Lee-Oelsson & Gi-Gi Bacon. Please refer to the list posted in the kitchen to learn when you are scheduled. Please call Ellen Moustris-Newman with any questions @ 783-8097

Father Emmanuel ("Father Papou") Memorial Rose Garden was established in loving memory of Father Christopher's Papou, who frequently attended services at St. Anna's, bringing smiles to all with his wit and humor. We collect names in the Fall for those who wish to add a loved one to the garden and pray Memorial Services throughout the year on behalf of those fallen asleep in the Lord. To add a name to the garden please send your check for \$200, along with the spelling as you'd like to see it on the name tag, to the Church Office. The \$200 amount not only covers the cost of the rose, brass name tag, and part of the plaque, but also allows for a small portion of upkeep for the rose garden area. **NAMES MUST BE SUBMITTED BY DECEMBER 13TH** - please, no exceptions.

STEWARDSHIP & CAPITAL CAMPAIGN
Time, Talent, AND Treasures - Our / your 2009 operational budget for Saint Anna Church is \$434,581.00 which reflects monthly expenses of \$36,215.08 and weekly expenses of \$8,357.32. We have approximately 225 families that call St. Anna their spiritual home, although we only have 159 families that have committed through a stewardship pledge to fund our budget. If you have not yet made your stewardship commitment for 2009, please fill out one of the Stewardship Commitment cards located on the information table in the Narthex, and submit it to a Parish Council Member or to the Church Office. We ask that every member of our Parish family does his/her part, offering Time and Talent as well as by offering a regular tithe (Treasures) to meet our financial needs. Please contact our Stewardship Committee Members: Debbie Stamas, Sandy Sacoolas, or Greg Kyritsis.

"Generations" is the bi-monthly newsletter of our Parish. If you are not currently receiving, it contact the Office. To be included on our Parish LISTSERV, email office@saintanna.org, noting "LISTSERV" in the memo. Please visit www.saintanna.org for Orthodox Christian news.